

Dr. Bradley L. Boyd, D.O.

My name is Harlan Wahlert (E-mail: Harlan8584@verizon.net) and I respectfully offer this letter of reference for Dr. Bradley L. Boyd, D.O. Dr. Boyd surgically replaced both of my hips in 2013. The right hip replacement was performed on November 19, 2013 and the left surgery took place one month later on December 17, 2013.

I had an excellent experience with both operations! I am very willing and excited to have an opportunity to talk with anyone that has questions or concerns about Dr. Boyd's hip replacement technique based on my personal experiences as his patient. I received the very best treatment and follow-up from Dr. Boyd from the moment I met him and that level of care continues through every follow-up visit. I am very fortunate to have found Dr. Boyd and consider him to be a very professional, caring, understanding and impeccable Doctor of Orthopaedics. His level of knowledge, caring bedside manner and follow-through with every detail is truly unsurpassed in my opinion.

My history of back pain was so intense prior to the surgeries. The degree of pain I felt on most days forced me to spend many more uncomfortable hours in bed than anyone should be forced to suffer through. As soon as the first operation was done and I was brought to my hospital room, the relief of pain was so amazing. The first thing I said to my loving wife was "I feel like dancing"! Within 15 hours of the completion of the second hip, I was able to safely walk and climb up and down stairs without a cane, walker, or any human assistance. I think Dr. Boyd may have even videoed me when I was accomplishing these movements.

My past surgery history: Several years ago, I had an accident that broke one of the bones in my neck. I was in excruciating pain and immediate surgery was required. I ended up with a cadaver bone replacing that broken bone in my neck and a metal plate in the front of my neck to support the weight of the head. It took over one year to get my pain to the 'manageable' point. The reason I mention this story is to explain the length of healing time my body usually requires when surgery is involved.

My medical history 'BEFORE' my hip surgeries included:

- High cholesterol or lipids
- Coronary Artery Disease (CAD)
- Hypertension (high blood pressure): Not Controlled
- Vascular disease
- Activity Level: I am able to climb 1 flight of stairs or less before stopping
- Asthma
- Sleep apnea
- Neuropathy
- Intermittent memory loss
- Frequent acid reflux or heartburn
- Diabetes
- Low Thyroid Disease
- Musculoskeletal Problems; Arthritis, Chronic low back pain; Bone spurs, Rheumatoid arthritis
- Depression from Chronic Pain, [Usual Pain Level 10]
- MALIGNANT HYPERTHERMIA (MH) which was positively confirmed by a muscle biopsy. This is a rare life threatening condition which is usually triggered by exposure to certain drugs used for general anesthesia. In susceptible individuals, these drugs can induce a drastic and uncontrolled increase in skeletal muscle oxidative metabolism, which overwhelms the body's capacity to supply oxygen, remove carbon dioxide, and regulate body temperature, eventually leading to circulatory collapse and death if not treated quickly.
- My medical history 'AFTER' my hip surgeries:
 - I regularly experience restful sleep at night.
 - My blood pressure is controlled using the same medication I previously used prior to surgery.
 - I have no lower spinal pain!
 - I can walk and climb as many stairs as I want without pain. [There are 8 stairs in my home and I average at least 20 trips daily on them.]
 - I enjoy exercise as it is so much more comfortable and easier to perform without all the pain.
 - I can shop or walk the mall with such freedom of movement, it's truly incredible.

- My memory is improving. I think it's because the walking and exercising allows me to use my oxygen to better function now.
- I am now able to drive for long distances without getting tired and experiencing the fear of falling asleep at the wheel.
- I definitely have my Arthritis under better control now.

I would like to help you understand what research I did prior to the surgery. I found it is so crucial that you exercise before and after the surgery. Believe me, I know it is a hard road to follow, but it was definitely worth it to me. I've learned that it is so important to pace yourself and exercise daily. I suppose we all have our reasons of why we need to have our hips replaced. I hope you won't let the doubts and fears overwhelm you. Do your own research, exercise the best you can prior to the surgery, and based on my personal experience, it will definitely pay off in the end – especially, when you have an accomplished and knowledgeable D.O. like Dr. Bradley L. Boyd.

Very sincerely,

Harlan F Wahlert

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